

WEEK 1

THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SAUSAGE AND MASH with Vegetables and Gravy	VEGGIE BURRITO with Baked Garlic and Herb Wedges and Salad	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad SANDWICHES/BAGUETTES: Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette BLT Baguette WRAPS: BBQ Chicken Wrap Chicken Caesar Wrap Crunchy Pepper and Houmous Wrap
TUE	BURGER BAR		
	JERK CHICKEN BURGER with Baked Garlic and Herb Wedges and Salad	VEGETABLE TIKKA MASALA with Wholegrain Rice and Vegetables	
WED	SPICE IS NICE	SPICE IS NICE	
	TANDOORI CHICKEN with Wholegrain Rice and Salad	SPICED SWEET POTATO AND CHICKPEA ROAST with Wholegrain Rice and Salad	
THURS	CHILLI CON CARNE with Wholegrain Rice and Vegetables	STREET	
		OPEN CAJUN VEGETABLE FAJITA with Baked Garlic and Herb Wedges and Vegetables	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	CRISPY CHICKEN KATSU BURGER with Chips and Baked Beans or Peas	BBQ QUORN BITES with Chips and Baked Beans or Peas	

Vegetarian
 Vegan
 Oily Fish
 Wholegrain
 Nutritionist's Choice
 Our menu is subject to change.

WEEK 2

THIS WEEK'S MENU

W/C: 10/11/2025, 01/12/2025, 22/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	<p>SPICE IS NICE</p> <p>CHICKEN TIKKA MASALA with Wholegrain Rice and Vegetables 🌿 🍷</p>	<p>SPICE IS NICE</p> <p>SPINACH AND CHICKPEA DAHL with Wholegrain Rice, Vegetables and Mint Raita 🌿 🍷</p>	<p>HOT DISHES:</p> <p>Paninis Pasta and Sauces 🌿 Freshly Baked Pizza Soup and Bread 🌿 Jacket Potato and Toppings 🌿 🌿</p> <p>SALADS:</p> <p>Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🌿 🍷 Roasted Indian Chickpea Salad 🌿 🍷</p> <p>SANDWICHES/BAGUETTES:</p> <p>Egg Salad Sandwich 🌿 Chicken Salad Sandwich 🌿 🍷 Cheese and Pickle Baguette 🌿 Tuna Mayo Baguette BLT Baguette</p> <p>WRAPS:</p> <p>BBQ Chicken Wrap 🍷 Chicken Caesar Wrap 🍷 Crunchy Pepper and Houmous Wrap 🌿 🍷</p>
TUE	<p>BURGER BAR</p> <p>SRIRACHA CHICKEN BURGER with Baked Garlic and Herb Wedges and Salad</p>	<p>BURGER BAR</p> <p>TIGER BHAJI BURGER with Baked Garlic and Herb Wedges and Salad 🌿</p>	
WED	<p>PAN-ASIAN</p> <p>STICKY MANDARIN PORK with Vegetable Fried Rice and Satay Sweetcorn 🌿</p>	<p>PAN-ASIAN</p> <p>SWEET CHILLI VEGETABLE NOODLES with Satay Sweetcorn 🌿 🍷</p>	
THURS	<p>STREET</p> <p>FIRECRACKER BEEF with Wholegrain Rice and Vegetables 🌿 🍷</p>	<p>STREET</p> <p>VEGETABLE JAMBALAYA with Green Beans 🌿</p>	
FRI	<p>FRIDAY FAVOURITES</p> <p>BATTERED FISH with Chips and Baked Beans or Peas</p>	<p>FRIDAY FAVOURITES</p> <p>CHEESE, ONION AND POTATO SLICE with Chips and Baked Beans or Peas 🌿</p>	

 Vegetarian
  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice

Our menu is subject to change.

WEEK 3

THIS WEEK'S MENU

W/C: 17/11/2025, 08/12/2025, 29/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	BURGER BAR	BURGER BAR	<p>HOT DISHES:</p> <ul style="list-style-type: none"> Paninis Pasta and Sauces 🌿 Freshly Baked Pizza Soup and Bread 🌿 Jacket Potato and Toppings 🌿 🌿 <p>SALADS:</p> <ul style="list-style-type: none"> Tuna and Sweetcorn Pasta Salad 🌿 Pesto Pasta Salad 🌿 🌿 🌿 Roasted Indian Chickpea Salad 🌿 🌿 <p>SANDWICHES/BAGUETTES:</p> <ul style="list-style-type: none"> Egg Salad Sandwich 🌿 Chicken Salad Sandwich 🌿 🌿 Cheese and Pickle Baguette 🌿 Tuna Mayo Baguette BLT Baguette <p>WRAPS:</p> <ul style="list-style-type: none"> BBQ Chicken Wrap 🌿 Chicken Caesar Wrap 🌿 Crunchy Pepper and Houmous Wrap 🌿 🌿
	BUN-LESS BURGER BOX with Crispy Potatoes and Salad	BEETROOT AND FETA BURGER with Baked Spiced Wedges and Salad 🌿	
TUE	PAN-ASIAN	PAN-ASIAN	
	SWEET THAI CHILLI CHICKEN NOODLES with Salad 🌿 🌿	VEGETABLE NOODLE POT with Salad 🌿 🌿	
WED	ITALIAN	ITALIAN	
	MAC CHEESE BOLOGNESE with Margherita Pizza Pinwheel and Salad 🌿	MAC CHEESE VEGGIE BOLOGNESE with Margherita Pizza Pinwheel and Salad 🌿	
THURS	STREET	STREET	
	SRI LANKAN CHICKEN ROTI STIR-FRY with Wholegrain Rice and Vegetables 🌿 🌿	YAKISOBA SOYA NOODLES with Vegetables 🌿 🌿	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS with Chips and Baked Beans or Peas	CHEESY BEAN BURGER with Chips and Baked Beans or Peas 🌿	

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  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice

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