



## **Poynton High School Year 11 Parent and Carer Bulletin – December 2024**

Dear Parents and Carers,

Year 11 have worked incredibly hard this half term, especially during their mock examinations where they acted in a mature and positive way.

Each half term I will send out a year group bulletin, inside your will find important information about what students have been studying recently and what is coming up next half term for our students. It will also contain information about strategies suggested by subject tutors to ensure students achieve their maximum potential.

### **Revision and examination support**

As a school we are committed to ensuring that you feel that you are well equipped in supporting your young person through their GCSEs. Our website contains lots of practical support for both yourself and your young person regarding revision techniques and strategies. The booklet linked below contains details of the revision techniques your young person has been looking at in school.

<https://www.phs.cheshire.sch.uk/attachments/download.asp?file=1051&type=pdf>

<https://www.phs.cheshire.sch.uk/keystage4exams>

The presentation from the Year 11 information evening is linked here:

<https://www.poyntonhigh.org.uk/attachments/download.asp?file=1442&type=pdf>

Year 11 students will be sitting their mock exams next half term. I will be sending out more information regarding the mock exams.

Each Tuesday there is a Year 11 Study drop in session in room 38 where students can come to do their own revision and homework. Miss Dovey will be there to support them with their revision. This will run 3:25-4:15pm.

### **Important dates**

- Parents Evening: 23/01/25
- Mock Exams: 24/02/25 –28/02/25
- GCSE Exams: 08/05/25 –25/06/25
- Leavers Day and Prom: 27/06/25

## English

In the first part of this term for English Literature, your focus shifts from Paper 2 – which you completed in your mock exams – to Paper 1.

For each of the examination texts it is essential to have a detailed understanding of the text itself. This is substantially achieved through Directed Revision, where you will re-read *Jekyll and Hyde*, and re-watch *Macbeth*, whilst carrying out revision tasks to secure and develop your understanding. In lessons, your time will be used to develop your exam technique and the vocabulary and concepts which allow you to engage with texts at a higher level.

The second part of this term begins with your second mock examinations. You then begin your final preparations for the summer examinations. During this time, Directed Revision is used to improve your textual knowledge. Lesson time is used to work on the exam technique, writing style, vocabulary and concepts which allow you to demonstrate what your understanding in an exam situation.

GCSE English Literature Paper 1		
Key learning	Key skills	Concepts and vocabulary
<p>A detailed understanding of <i>Macbeth</i> including:</p> <ul style="list-style-type: none"><li>• The sequence of events.</li><li>• The five act structure.</li><li>• Characters</li><li>• The opening and ending.</li><li>• The significance of the settings.</li><li>• Recurrent motifs and imagery.</li></ul> <p>The context and themes of <i>Macbeth</i>, including:</p> <ul style="list-style-type: none"><li>• The conventions of tragedy.</li></ul> <p>A detailed understanding of <i>Jekyll and Hyde</i>, including:</p> <ul style="list-style-type: none"><li>• The sequence of events.</li><li>• The narrative perspectives and structure</li><li>• Characters</li><li>• The significance of the settings.</li></ul> <p>The context of <i>Jekyll and Hyde</i>, including:</p> <ul style="list-style-type: none"><li>• The crime genre.</li><li>• Victorian anxieties played on by the text, such as science, evolution, urbanisation, and crime.</li><li>• Victorian conceptions of the public and private sphere.</li><li>• The concept of duality.</li></ul>	<p>How to purposefully annotate a <b>play</b>: stage directions, significant lines, imagery, mood, first and last lines</p> <p>Analysing the use of <b>dramatic and poetic methods</b>.</p> <p><b>How to approach an extract essay: question focus, significance of scene, conceptualised approach.</b></p>	<p><b>Dramatic methods</b> including:</p> <ul style="list-style-type: none"><li>• How the drama is set up and resolved in the opening and ending of the play</li><li>• Choice of settings.</li><li>• How characters are established, and how characters are presented: actions and motives for them; what they say and think; relationships between characters.</li><li>• Speech: dialogue, soliloquy, asides.</li></ul> <p><b>Imagery</b>, including: blood, disease, light, birds, clothing.</p> <p>The terminology of tragedy, including:</p> <ul style="list-style-type: none"><li>• Protagonist</li><li>• Hamartia</li><li>• Hubris</li></ul> <p><b>Narrative writing methods</b> including:</p> <ul style="list-style-type: none"><li>• Characterisation through: appearance, actions, reactions, dialogue, motives.</li><li>• Ways of using time and sequence, e.g. flashbacks, different narrators for different time periods.</li><li>• Settings: ways of describing settings; how choice of place(s) can symbolise aspects of characters and relationships.</li></ul>

## Maths

Students have been working hard to prepare for and sit their mock exams and we are pleased with the initial results that are coming out of them. These results will be shared with students in the new year when we will be able to give them a GCSE grade based on their performance.

Students have had the opportunity to start using our new Sparx platform to revise for their mocks. We will be rolling this out for homework to year 11 students in the new year. Our year 10 students have made a good start with this and we are already starting to see the benefits.

If you don't have a revision guide for your young person, it might be beneficial to purchase a copy so that they have all of their notes in one place. The copy we recommend is available on Amazon here:

Higher: <https://www.amazon.co.uk/Maths-Higher-Revision-Practice-Collins/dp/0008112525>

**Science**

Subject	This half term	Next half term
<b>Biology</b>	<p><b>Separate Science Students:</b> Have been learning about the structure of DNA and how it is a code, as well as preparing for the paper 1 mock examinations</p> <p><b>Combined Science Students:</b> Have been studying a topic on Reproduction and Inheritance and gaining an understanding of how genetic characteristics can be passed down generations, as well as preparing for the paper 1 mock examinations</p> <p><b>All:</b> Have completed a Paper 1 mock examination for Biology and will gain feedback after the Christmas holidays</p>	<p><b>Separate Science Students:</b> Will learn about how genetic characteristics can be passed down generations and begin a topic based on the Evolution of species.</p> <p><b>Combined Science Students:</b> Will learn about how certain genetic disorders are inherited and begin a topic based on the Evolution of species.</p> <p><b>All:</b> Will be on a chunked revision programme to prepare for their Paper 2 mock examinations.</p>
<b>Chemistry</b>	<p><b>All Students:</b> They have continued to study topic C7 Organic Chemistry as well as preparing for and sitting the paper 1 mock examinations</p>	<p><b>All Students:</b> Will receive feedback from the mock examination.</p> <p>Then they will be studying the paper 2 topics of C8 Chemical Analysis and C10 Earth's resources and completing the required practical's in both of these topics.</p>
<b>Physics</b>	<p><b>Separate Science Students:</b> Students have continued their studies of Waves, before moving onto Electromagnetism.</p> <p><b>Combined Science Students:</b> Students have continued their studies of Waves, before moving onto the final topic of Electromagnetism.</p> <p><b>All:</b> Have completed a Paper 1 mock examination for Physics and will gain feedback after the Christmas holidays</p>	<p><b>Separate Science Students:</b> After feedback from their Paper 1 mocks, they will begin studying their final two topics – Electromagnetism and, finally, Space.</p> <p><b>Combined Science Students:</b> After feedback from their Paper 1 mocks, they will begin studying their final topic – Electromagnetism.</p>

## **How to support your young person in Science:**

We would really appreciate your support in encouraging your son/daughter to complete these tasks. These include:

### **Chunked revision**

All students will be set revision tasks/past paper questions to complete for Biology, Chemistry and Physics to help them prepare for the Paper 2 mock exams (week beginning 24/02/25). These will be set in designated weekly 'chunks' starting after the Christmas break. There will be weekly tasks to complete which will include one set of questions/tasks per science. These will be set each week leading up to their Paper 2 mock exams in February.

Students should revise the set topics each week, complete the revision activity and the exam questions to apply their knowledge and practice exam technique.

### **Seneca**

Seneca is a free online resource which can be used to support students in their preparation for the Paper 2 mocks.

### **Stretch and challenge Science tasks**

Below are some useful website links for any students wishing to extend their knowledge of topics covered this half-term:

Four billion years of evolution in 6 minutes:

[https://www.ted.com/talks/prosanta\\_chakrabarty\\_four\\_billion\\_years\\_of\\_evolution\\_in\\_six\\_minutes?subtitle=en](https://www.ted.com/talks/prosanta_chakrabarty_four_billion_years_of_evolution_in_six_minutes?subtitle=en)

The massive machines removing carbon from Earth's atmosphere:

[https://www.ted.com/talks/jan\\_wurzbacher\\_the\\_massive\\_machines\\_removing\\_carbon\\_from\\_earth\\_s\\_atmosphere?subtitle=en](https://www.ted.com/talks/jan_wurzbacher_the_massive_machines_removing_carbon_from_earth_s_atmosphere?subtitle=en)

How electromagnetic waves will help us discover the universe:

<https://www.youtube.com/watch?v=T4UMged7o6g>

## **Religious Studies**

Students have continued to apply themselves fully to the study of 'Religion and Life.' They have been exploring the sensitive and ethical issues of animal testing, animals for food, abortion and euthanasia. Students have shown sensitivity when learning about these topics and curiosity to find out more. This topic will be continued in January after the mock exam period.

Over the half term holiday students could be reading ahead for the next topic by looking at the following website links:

<https://www.bbc.co.uk/bitesize/guides/zkdbcj6/revision/1>

<https://www.bbc.co.uk/bitesize/guides/zkdbcj6/revision/2>

<https://www.bbc.co.uk/bitesize/guides/zkdbcj6/revision/3>

<https://www.bbc.co.uk/bitesize/guides/zkdbcj6/revision/4>



[Festivals and retreats - Practices in Buddhism - GCSE Religious Studies Revision - AQA - BBC Bitesize](https://www.bbc.co.uk/bitesize/guides/zkdbcj6/revision/5)

Learn about and revise Buddhist practices with BBC Bitesize GCSE Religious Studies - AQA.

[www.bbc.co.uk](http://www.bbc.co.uk)

<https://www.bbc.co.uk/bitesize/guides/zkdbcj6/revision/5>

<https://www.bbc.co.uk/bitesize/guides/zkdbcj6/revision/6>

To consolidate their learning, students can make revision cue cards or mind maps to aid their long term revision planning and preparation.

Students do not need to purchase published revision guides, but if they do want to refer to other resources, then the link below will guide you to the correct revision materials for this course.

<https://www.amazon.co.uk/AQA-GCSE-Religious-Studies-Christianity/dp/0198422857>

Finally, during the holidays students can be checking on Google Classrooms the GCSE workbooks that Miss Long uploaded to ensure they have no missing classwork in their exercise books. These workbooks cover all the topics and lessons from the Year 10 GCSE course and so are a really useful tool for gap filling any missed classwork.

## History

### **What is coming up next half term in History:**

Year 11 have had a busy half term in history, completing the American West unit and completing their mock exams. In January Year 11 will be continuing with their final unit on the Reigns of King Richard and King John in their History lessons, this will include completing exam questions in class and at home to practice key exam skills. Students will also continue with the revision booklet started in September and should be looking to continue with their own revision in preparation for the summer exams. Thank you to parents who have ordered the GCSE revision guides these will be delivered to school in January

### **How can you support your young person in History:**

Please encourage your young person to keep their exercise books and revision notes in a safe place, these will be used again in the summer for the actual GCSEs.

### **Stretch and Challenge History task:**

Seneca Learning is very useful for GCSE History revision and can be used alongside your revision guide and exercise books to help complete revision notes on the topics students found challenging in their mock exams.

## Geography

Year 11 have now completed their first set of mock examinations and hopefully will see the rewards of all that preparation for them in their results.

**This is what is coming up next term in Geography:**

After the Christmas break they will be planning their next steps forward as we feedback so that they can all set meaningful targets. We will also be continuing with the specification on our Living World unit of lessons. This starts with a very useful overlap with the Biology GCSE on food webs and chains and well as ecosystems across the world before we study tropical rainforests – locations, physical characteristics, the challenges facing them and the opportunities for people who live there as well as ways to mitigate their exploitation. We also study hot deserts and consider the same challenges and opportunities facing these areas as well as how desertification is a growing issue. This is the final unit of paper 1. As ever the BBC Bitesize link is a useful extra resource <https://www.bbc.co.uk/bitesize/topics/z2tqwx> as there are quizzes as well as content.

**This is how you can support your young person in Geography:**

As students develop their revision techniques this provider on YouTube is a brilliant explanation of how to answer GCSE style questions in geography <https://www.youtube.com/watch?v=7fQJ1S6Ydis> as well as guided revision here on the Amazon rainforest where you can draw an infographic along with the teacher here <https://www.youtube.com/watch?v=CifpSoO1mA> For some students this might be their preferred way of collating all of their notes on one sheet of A4 in order to then answer past exam questions. We would love to hear if any of your young people use and like this method of revision. Best of luck everyone for the next half term!

**Geography stretch and challenge task for over half term:**

<https://www.youtube.com/watch?v=VF-oY-hRUys> Christmas for us geographers can sometime feel as though there is a lot of waste for a short time experience. Watch this clip on how to have a more sustainable Christmas and make a poster (on the back of wrapping paper maybe?!) to show the main ways that we can have a more sustainable Christmas!

**MFL****What is coming up in MFL?**

In Year 11, in French and German we will complete the last 2 units of work on work, careers and environment and social issues in the next half-term before we start revisions.

Students will be given revision booklets to support them in their individual preparation for the examinations. Please check with them that they are completing the weekly tasks either in the booklets or online. They will also be completing weekly vocabulary tests from the start of January. Details will be on Google Classroom.

**Supporting your young person in German or Spanish:**

[A PHS guide to MFL for parents](#) –here are some ideas to help our students at home, on the school website.

**MFL stretch and challenge activity over half-term:**

Why not watch a German or French film with subtitles over the Christmas holidays? Maybe try some Christmas recipes from Germany or France too.

**Keep following us on Twitter too:**

Mr Farrell- @MonsieurFarrell

French Department - @PH\_rench

German Department - @PHS\_GERMAN  
Spanish Department@PHS\_Spanish

### **GCSE Business**

Our year 11s are moving onto their last unit, external influences on businesses. They will be exploring how businesses are impacted by laws, the economy and technology. We will also be discussing the ethical considerations a business face.

You can support your young person by ensuring they have completed their weekly revision homework and testing them on tricky key terms and formulas.

**A stretch and challenge task for over Christmas:** Select a business of your choice and research their previous Christmas marketing campaigns, consider which has been the most effective and why. Try to come up with a future Christmas marketing campaign for that business.

### **Computer Science**

Year 11s have been studying utility software as well as preparing for the mock examinations, that are currently taking place. After Christmas, students will be working towards covering all of the specification, so revision can begin in lessons.

With regards to programming at home, students have been recommended to install Python <https://www.python.org/> Lots of stretch and challenge activities can be found in the tutorials and guides.

The computing science curriculum overview can be found on the Poynton High website, if you would like to familiarise yourself with it and further support your young person.

### **CNAT iMedia**

Year 11 students have been working on their Interactive Multimedia Product for their local libraries. This unit of work will be completed by February half-term, allowing plenty of time to prepare for the examination unit.

Students are not allowed to work on their coursework at home. We therefore encourage the students to attend after school catch up sessions, either Wednesdays in rm 29 or Thursdays in rm 28, where their class teacher will be available to offer guidance and support.

The Creative iMedia Cambridge National curriculum overview can be found on the Poynton High website, if you would like to familiarise yourself with it and further support your young person.

### **Art**

Our year 11 artists have made a fantastic start to their final year. Since September, the students have been busy researching artists and developing a range of design ideas for their Portraits project. This stage involves challenging the students to create personal, new artworks, inspired by the artists

they have researched in their portfolio. During the mock exam and in lessons, the students have also been working on their final piece, which they are expected to complete over the Christmas break.

In the first lesson back in January, the students will hand in their coursework for assessment and then will begin the Externally Set Assignment (ESA). This unit will account for 40% of their final grade.

Therefore, we encourage all students to ensure that all coursework (60%) is completed for the Portraits and Natural Forms projects during the Christmas break. During lessons, students have received detailed feedback on what they need to do to complete their coursework and so should know what they need to work on.

### **Photography**

The GCSE Photography students have continued to make good progress with their 'Distorted Portraits' project. They have studied the work of visual artists and photographers who have used distortions and collaging as themes. This has included Matthieu Bourel, Marcelo Monreal and others. Students have become familiar with Photoshop building their skills and confidence with the software.

Brno Del Zhou has been used as an influence for the mock exam with his fragmented use of layered imagery. A number of photomontage final pieces have been produced in the mock exam which the students will have the opportunity to make into reliefs during the spring term.

For the first lesson back in January, the students will submit their coursework for assessment. They will then begin the Externally Set Assignment (ESA). This unit will account for 40% of their final grade. Therefore, we encourage all students to ensure that all coursework projects, 60% of their GCSE grade, are completed for 8th January. This will include the 'Basics', 'Mini People' and the 'Distorted Portraits' project. Throughout the course, students have received detailed feedback on what they need to do to complete their coursework and so should know what they need to work on.

### **Textiles**

Year 11 Textiles have been focusing on revision in their theory lessons. They have been given a revision folder and a 'chunked revision' document. It is important for students to revise the content of these lessons in their own time. All students have a revision guide and workbook with exam questions. These resources should be used to revise. Please could you remind students to ensure they bring their exercise book, revision guide and workbook to each theory lesson with Mrs Mottram.

In regards to their NEA students have been making excellent progress. All students have begun their NEA portfolio where they are focusing on their chosen title from the examining board, AQA. Recently students have completed their final designs and some have begun to make their toile (mock up). Students have been tasked to sources their materials to begin their final product after Christmas.

Students are encouraged to attend the catch – up sessions with Mrs Mottram in room 54/59 each Wednesday after school. These sessions are one hour long and will give students the opportunity to have one-to-one guidance for their individual projects.

## **Food Preparation and Nutrition**

opportunity for students to perfect their skills as well as working as part of a team.

Year 11 Food have been focusing on their NEA 2 project set by the examining board AQA. They have chosen from one of two titles and have researched the task and are in the process of selecting suitable dishes for their three-hour practical mock which will be held on the last week before the Christmas break. Year 11 will have sat their written mock before we finish for Christmas. When we return we will be having both theory and NEA lessons to ensure content is covered for the written exam.

## **Product Design**

Students have been continuing with their NEA (Non-Exam Assessment) which is 50% of their GCSE alongside the theory element of the course which is also 50% with an exam at the end of Year 11. This half term students have been working on their initial ideas which they have now reviewed and which they will develop. The developing section involves students modelling their final product so that they can begin to understand what components, materials, fixtures and fittings are involved during their making process.

Next term, we will be continuing the NEA and students 'Design Development' section and then begin with the making aspect of the NEA. Students are keen to begin making in the workshop but this cannot be done until they have finalised what they are making. Please encourage students to be working on their NEA over the Christmas break. Some students are behind on some sections which we will not revisit in lessons so they will need to complete this in their own time. The NEA is time consuming and so students do need to be adding to this in their own time. There is a catch-up session available to all students on Wednesday's after school. I would highly recommend that students use this opportunity to catch up on any work missed.

We will also be continuing with theory lessons in preparation for students' final exams in June. We will aim to do theory at least once per fortnight due to the demand that the NEA brings with the deadline being at Easter. Once the NEA has been submitted there will be a full focus of theory lessons.

It is recommended that students buy the pocket revision guide and workbook that can be bought on Evolve.

## **CNAT Sports Studies**

### **Next half term:**

Our year 11 students have commenced their preparations for the final section of their qualification, the R184: Contemporary Issues in Sport exam. Our students have made an excellent start, and over the next term will be completing Topic 1 (issues affecting participation), Topic 2 (The role of sport in promoting values) and Topic 3 (The implications of hosting major sporting events).

### **How you can support your young person:**

You can encourage your young person by asking questions about the subject content they are learning, supporting their revision for interleaving tests. There is also a revision booklet for the

exam, which can be purchased here: <https://www.amazon.co.uk/New-Cambridge-National-Sport-Studies/dp/1837740585>.

**Task for over half term:**

To stretch and challenge your young person over half term, encourage them to start creating revision resources for the content they have learned or to create and present a brief PowerPoint to demonstrate their understanding of the Topic 1 areas we have looked at in class. Cambridge National Catch-up Club is still on every Thursday in room 7 for those students who wish to use this time to revise for the summer exam. All coursework has now been completed. Have an amazing half term, Year 11!

**GCSE PE**

**Next half term:**

The Year 11 GCSE cohort have recently completed the training principles which includes components of fitness, fitness testing and the principles of training. This is all content for Paper 1. Students have also had their mock in GCSE PE for Paper 2.

After half term, students will continue with their 'AEP'. This is the controlled assessment that contributes towards their final grade. Students are analysing and evaluating performance in a sport of their choice.

**How you can support your young person:**

You can support your young person by ensuring that they are accessing their Google Classroom page for GCSE PE as there are numerous resources on their that they can utilise to help with retention and retrieval.

**Task for over half term:**

For their AEP, Students need to research drills to help improve their skill weakness as they will need this to write their action plan. For example, if shooting in Netball was a weakness, research ideas for shooting drills to help when you write your action plan.

A stretch and challenge activity over half term is to access the OCR website and complete past examination questions/papers. Students can complete full Paper 2 exams but will need to be mindful that they haven't completed all of Paper 1 content yet. This is the link to the OCR exam board webpage to access past papers <https://ocr.org.uk/qualifications/gcse/physical-education-i587-from-2016/assessment/>

**Dance**

Year 11 are currently making their practical pieces for their exam on 6<sup>th</sup> March. They have learnt the set phrases which will be assessed before Christmas so the other practical pieces will be finished by 6<sup>th</sup> March with our annual showcase on Friday 7<sup>th</sup> March. They need to continue working on their practical pieces alongside the written element. They now have 2 lessons a fortnight on the theory to ensure secure knowledge of the written element of the course. They need to continue to use the PowerPoint to solidify terminology meanings.

## Drama

**Next half term:** For Year 11 it is all go. The devised exam takes place in January . This will be a performance of their pieces that each group has been created in the style of Brecht. Students are being assessed on the area of their choice whether that be costume hair and makeup, set and props, acting , sound or light. They will be handing in their portfolios which tracks their process and evaluating their pieces in a one and a half hour written exam. All together this is worth 40 % of their entire grade .

They then turn their focus to their scripted exam which will take place in front of a examiner which is worth 20% of their actual grade. These are lovely evenings and parents are very welcome to attend.

**This is how you can support your young person:** Helping your young person learn lines, or for the designers any help with constructing their design and giving them practise for a 5 minute talk would be real help for our students. Also, please ensure that they are attending every rehearsal and resourcing any props or costumes that they are want to bring in.

**A stretch and challenge task for over half term:** To watch any of the productions on our fantastic platforms for on line theatre . We have The National Theatre Collections online and Google Drama online

Log IN: User name Poyntonstudents

Password: Pa55word

Then search the National Theatre Collections and enjoy. Talking to your young person about the way the show has been created – lights, sound, set, costumes, make up and performances would be a real help for the Live Theatre Component of the written paper.

And a wonderfully resourced platform – Digital Theatre Plus

User : user.poynton.hs

Password morning@7738

This has so much material for both English and Drama. Your young person can re-watch a play we have already seen or look for others that may spark ideas.

## Uniform

Details of our uniform policy can be found here:

<https://www.phs.cheshire.sch.uk/aboutus/schooluniform>

**It is important that when students return in January they are in their full school uniform with no false nails, nail polish or jewellery other than one pair of stud earrings.**

## Equipment

- Students need to bring the following equipment to school with them every day:
  - Pens – blue or black
  - Red pen
  - Pencil
  - Ruler
  - Protractor
  - Pair of compasses
  - Calculator

- Rubber
- Reading book
- It would also be handy to have their own scissors and glue!

### **Free school meals**

You can claim free school meals for each child who attends school in Cheshire East if you receive one of these benefits:

- Income Support
- Income based Jobseeker's Allowance
- Income related Employment Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit - as long as you have a yearly household income of less than £16,190 (as assessed by HM Revenue and Customs) and do not get working Tax Credit
- Working Tax Credit run-on (paid for 4 weeks after you stop qualifying for Working Tax Credit)
- Universal Credit with no earned income or with net monthly earnings less than £616.67

Phone 0300 123 5012 for further information and help or you can apply online at

[https://www.cheshireeast.gov.uk/schools/school-meals/free\\_school\\_meals.aspx](https://www.cheshireeast.gov.uk/schools/school-meals/free_school_meals.aspx)

### **Child and Adolescent Mental Health**

Cheshire and Wirral Partnership NHS Foundation Trust's (CWP) nationally recognised Child and Adolescent Mental Health website 'MyMind' is a dedicated website for young people across Cheshire and Wirral experiencing mental health difficulties.

MyMind provides advice and guidance around the key topics identified as most important to young people and their families: how to cope with mental health challenges, how to get help and what to do in a crisis.

The site includes a host of interactive self-help resources for young people, parents/carers and anyone who works with young people around the topics of Mood, Lifestyle and Relationships, as well as details on local mental health services in your area.

Visit [www.MyMind.org.uk](http://www.MyMind.org.uk)

### **Thank you**

Thank you for all of your hard work year 11 and well done on such a brilliant term. I also wanted to let you know that Miss Hollingworth is leaving as Welfare Leader for KS4 at the end of this term. We thank Miss Hollingworth for all she has done to support our young people and wish her luck in the future. From January Miss Booth will be in her new role as the Head of Year 11 to support our young people.

Have a lovely and restful Christmas holiday and we will look forward to welcoming you all back on Monday 6<sup>th</sup> January 2025.

Please contact us if there are any issues or if you have any questions at all.

Thank you for your continued support.

Harriet Dovey ([hdovey@poyntonhigh.org.uk](mailto:hdovey@poyntonhigh.org.uk))  
Director of Learning to key stage 4